



Poetry Is Life Publishing
&
Overstreet's Travel Salon
presents



A Fresh Cut & Style

Poetry & Essay Contest
March 9 - June 5, 2026



Topic # 1

**The Importance
of Being Kind**

Topic # 2

**If I Could Tell The
World One Thing,
It Would Be.....**



The Fresh Cut & Style Poetry & Essay Contest provides the opportunity for youth ages 5-17 to earn a fresh haircut or style by writing an original poem, (any style or line length) an essay (500 words or less) or both about the given topics. You can write a poem about Topic 1 and an essay about Topic 2, or an essay about Topic 1 and a poem about Topic 2. Or you can decide to write a poem or an essay about just one topic. Seven poems and seven essays will be chosen as winners of the contest.

Send poems, essays and permissions form to poetryislifepublishing@gmail.com, or through mail to: Poetry Is Life Publishing, P.O. Box 228, Akron, Ohio 44309. Visit www.poetryislifepublishing.com

Now! They Will Listen To Us!



Poetry Is Life Publishing & Overstreet's Travel Salon presents

A Fresh Cut & Style: Poetry & Essay Contest

Permission To Participate Form

I, _____, parent/guardian of _____ give permission for my child to participate in this poetry and essay contest. I am aware that this involves giving my email address and phone number to be contacted in case my child's poem/essay is chosen as a winner of the contest. An email will be sent to parent/guardian to confirm permission once it is received. All rights to the work belong to the author.

Author's Name: _____ Age: _____

Parent/Guardian Signature: _____ Date: _____

Phone Number: () _____ Email: _____

Poems, essays, and permission form need to be received by **June 5, 2026**. You can email poems, essays, and permission forms to: poetryislifepublishing@gmail.com. In the subject line, put A Fresh Cut & Style. You can also mail poems, essays, and permission form to: Poetry Is Life Publishing, P.O. Box, 228, Akron, Ohio 44309. Thank you for encouraging young people to use their voice in a positive way.

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